



Wan Chow Yuk Fan
CIEBPR
Centre for Interdisciplinary
Evidence-based Practice and Research



Wan Chow Yuk Fan Centre for Interdisciplinary Evidence-Based Practice & Research (CIEBPR)

2021-2022 Wednesday Lunch Seminar Series

Resilience and Mental Health of Chinese Male Caregivers of Cancer Survivors

27 OCT 2021 | 12:30pm- 2:00pm (Hybrid Mode)

RHB 203, Research Complex, HKSYU
6 Wai Tsui Crescent, Braemar Hill, Hong Kong

Zoom Meeting ID: 976 4495 22746

Speaker: Professor Nelson Yeung

Studies have found that caregiver guilt and depression are commonly experienced among husband caregivers of cancer survivors in Western countries. Nevertheless, little is known about the psychosocial correlates of such health outcomes among husband caregivers of cancer survivors in the Chinese contexts. Recently, there have been growing interests in exploring the positive psychological changes throughout people's caregiving experience. Research has also found that caregiving is not a totally negative experience for the husband caregivers. This seminar will discuss several investigations on how different levels of factors contribute to both the positive and negative adjustment outcomes in husband caregivers of Chinese breast cancer survivors. Implications on the roles of sociocultural and resilience factors in Chinese men's adjustment to life adversities will be discussed.



Professor Nelson Yeung is a distinguished scholar in the areas of health psychology and public health. He has joined the Jockey Club School of Public Health and Primary Care at the Chinese University of Hong Kong since 2016. Throughout the years, he has investigated the interplay among psychological processes, individual characteristics, cultural factors, and health outcomes in Asia-Pacific populations, including trauma-exposed populations. Specifically, his research concerns the roles of masculinity norms in the coping and help-seeking process among Asian men. Professor Yeung is also currently serving as an Editorial board member of the *Psychology of Men and Masculinities*. He was also a recipient of the Early Career Award from the International Society of Behavioral Medicine in 2016.



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Chaired by: Dr. Jason Chow
Assistant Professor
Associate Director, Wan Chow Yuk Fan CIEBPR
Hong Kong Shue Yan University

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